



These select priority health indicators from www.CityHealthDashboard.com for Springfield, MO and Lexington, KY provide an overview of health outcomes and the community factors that contribute to the overall health of the community, as well as illuminate opportunities for improvement.

Comparing Springfield and Lexington		
	Springfield, MO	Lexington, KY
Overall Score	51.8	61.3
<i>The green bars are a calculated score from 1 (worst) to 100 (best) among the 500 largest cities in the U.S. with a collection of data—not all indicators which make up that score are included in this document.</i>		
Clinical Care	42.1	68.2
Prenatal care	70%	80%
<i>Births for which prenatal care began in the first trimester</i>		
Health Behavior	52.0	57.6
Physical inactivity	28%	25%
<i>No leisure-time physical activity in past month among adults ≥ 18</i>		
Smoking	25%	21%
<i>Current smoking among adults ≥ 18</i>		
Health Outcomes	53.3	59.4
Cardiovascular disease deaths	227.0	169.3
<i>Per 100,000 population</i>		
Frequent mental distress	16%	13%
<i>Mental health not good for ≥ 14 days during the past 30 days among adults ≥ 18</i>		
Life expectancy	77.6	78.0
<i>Average life expectancy at birth</i>		
Obesity	32%	32%
<i>Among adults ≥ 18</i>		
Opioid overdose deaths	17.8	27.4
<i>Per 100,000 population</i>		
Physical Environment	45.5	45.0
Park access	46%	52%
<i>Population living within a 10-minute walk of green space</i>		
Limited access to healthy foods	73%	71%
<i>Population living more than a half-mile from the nearest supermarket, supercenter, or large grocery store</i>		
Walkability	38.4	34.2
<i>Neighborhood amenities accessible by walking as calculated by Walk Score index</i>		
Social and Economic Factors	57.4	72.1
Children in Poverty	30%	23%
<i>Children living in households on or above the federal poverty line</i>		
High school graduation	88%	88%
<i>Students who graduate high school within four years of entering 9th grade</i>		
Income Inequality	-29.9	-9.2
<i>Households with income at the extremes of the national income distribution of the top 20% or bottom 20%</i>		
Third-grade reading proficiency	52%	55%
<i>Third-graders who score “proficient” or above in reading on standardized tests</i>		